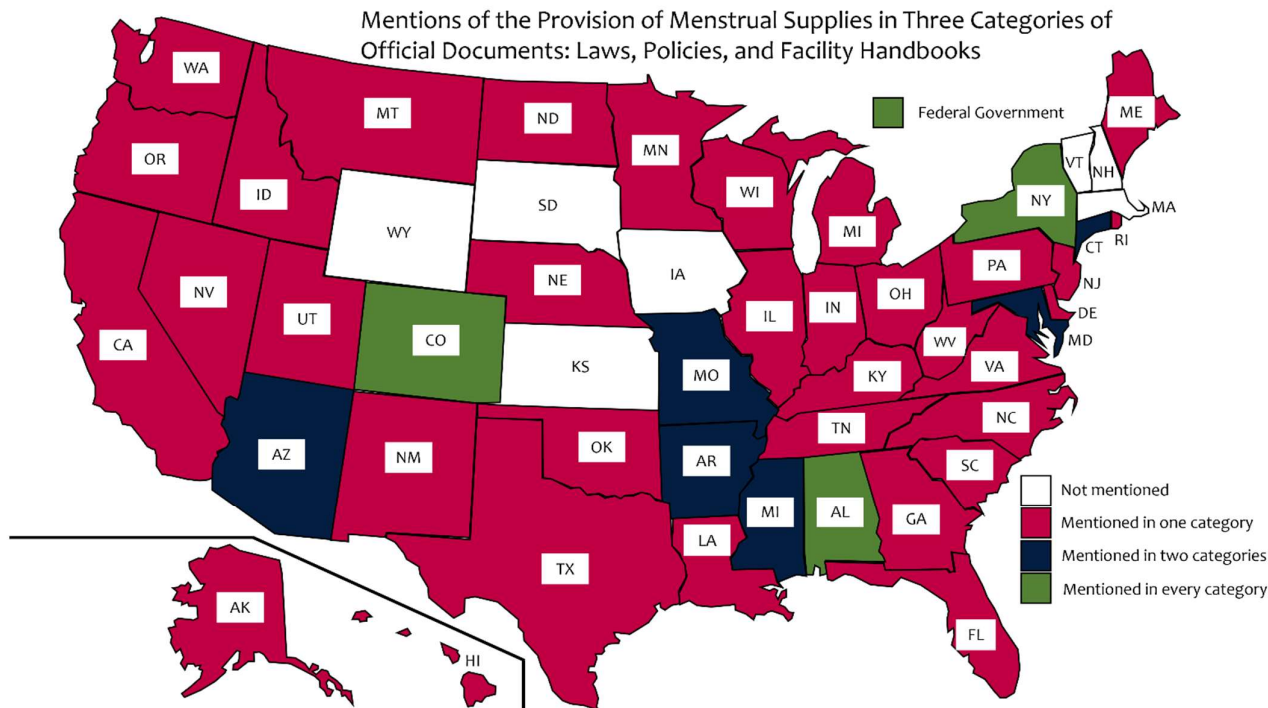


Fast Facts About **Menstruation** in U.S. Prisons

- Only FOUR jurisdictions mention prison access to menstrual products in their laws, policies, and facility handbooks: Alabama, Colorado, New York, and the federal government.
- Most jurisdictions do not explain in Inmate Orientation Handbooks how inmates can get these items



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Miriam Vishniac, *The New Correctional Afterthought*, for submission in 2023

Problems with access have been reported across the U.S.:

- [Alabama](#) – Menstrual products withheld by guards in exchange for sexual favors¹
- [Arizona](#) – Women got 12 pads per month and had to ration them²
- [California](#) – Menstrual products withheld by guards in exchange for sexual favors³
- [Colorado](#) (Jail) – Women denied access to tampons⁴
- [Connecticut](#) – Menstrual products of such low quality they did not function as intended and only 10 per woman⁵
- [Delaware](#) – Women denied access to tampons⁶
- [Florida](#) (Federal) – Menstrual products withheld by guards in exchange for sexual favors⁷
- [Indiana](#) (Jail) – Woman denied menstrual products⁸
- [Kentucky](#) (Jail) – Woman denied menstrual products then sent to court without pants⁹
- [Maryland](#) – Women denied menstrual products¹⁰
- [Michigan](#) (Jail) – Women denied menstrual products¹¹
- [Missouri](#) – Women denied and/or given extremely low-quality menstrual products¹²
- [New Jersey](#) – Menstrual products withheld by guards in exchange for sexual favors¹³
- [New York](#) – Women limited to 24, poor-quality pads per month and denied additional products¹⁴
- [New York](#) (Federal) – Menstrual products withheld by guards in exchange for sexual favors¹⁵



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